Patient and Provider Perspectives on Hospital Readmissions
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Patients with chronic illnesses that require hospitalization, such as heart failure, often have difficulty managing their disease after discharge and are often readmitted to the hospital within a short period. Efforts to predict and reduce readmissions have not been tailored to the specific needs of patients most at risk for readmission. In this study, investigators will partner with heart failure patients, primary caregivers, and healthcare providers to obtain their perspectives on factors leading to readmission and on strategies to address those factors. The specific aims are: 1) to identify patient-centered factors using a suite of rigorous qualitative methods; 2) to measure the prevalence of these factors and determine if they help to predict, in a quantitative model, those at high risk of readmission; and 3) to obtain stakeholder input on how these patient-identified factors might be addressed in interventions to improve transitions of care.