PENN HYPOTHERMIA DISCUSSION FORUM MANUAL

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ABOUT THE DISCUSSION FORUM

Post-arrest therapeutic hypothermia (TH) has been shown to dramatically improve outcomes after resuscitation, yet studies have revealed that TH adoption has been inconsistent and slow. In our work surrounding TH education, we have recognized one of the key elements lacking in the uptake of TH is comprehensive, practical, education and training.

Let’s encourage everyone to be a STRONG link in the Chain of Survival!

As part of our educational efforts, the Center for Resuscitation Science has developed a forum to generate inter-hospital discussion on hypothermia implementation. Through this forum, we hope to provide an informal grassroots network for TH champions to share their implementation barriers and success stories.
HOW TO JOIN

WITH A GMAIL ACCOUNT

1. Go to the group website: 
http://groups.google.com/group/penn-hypothermia-

2. Click on “Apply for group membership”

3. Choose your email settings:
WITHOUT A GMAIL ACCOUNT

1. Send an email to:
penn-hypothermia-+subscribe@googlegroups.com

Once you are a member, you can send questions related to TH to the following email address:

penn-hypothermia-@googlegroups.com

Note that the email will be distributed to all members of the Penn Hypothermia Google Group, as seen below.

In addition, if you wish to modify your membership to receive ABRIDGED Emails, DIGEST Emails, or NO Emails (only view threads on the website), please follow the directions listed on the next page.
HOW TO MODIFY YOUR MEMBERSHIP

1. Go to the group website: http://groups.google.com/group/penn-hypothermia-

2. **Sign in with the email registered through the discussion group.** If you have not created a login with this email account, you will need to create a user name (your email) and password.

3. Once you are on the homepage click on “Edit my membership” and select how you would like to read the group: No Emails, Abridged Emails, Digest Emails. You may also unsubscribe.

From there, you may also view discussion threads and respond as you see fit.
HOW TO POST DISCUSSION TOPICS

VIEW DISCUSSION TOPICS

You can view all discussions subjects on the home page:

Or you can click on DISCUSSIONS in the right hand column to view all topics in detail:
NEW DISCUSSION TOPICS

1. To post a new discussion topic, click on “+ new post”, located on the home page

Or you can click on DISCUSSIONS in the right hand column, then “+ new post” underneath:

2. Type your subject and message, which will be sent to the moderators for approval:
REPLY TO DISCUSSION POSTS

1. To reply to discussion posts, click on a specific discussion topic:

   ![Image of a discussion forum with a highlighted reply button]

2. Then, click “Reply” on a particular message post to respond to the discussion post, or “Reply to author” to just respond to the author:

   ![Image of a discussion thread with a highlighted reply button]
**CRS RESOURCES**

We hope that you find this inter-hospital discussion forum a useful tool as you move forward in post-resuscitation care protocol development and implementation!

**Any questions about the discussion forum?**

Please contact Audrey L. Blewer, MPH at 215.662.6912 or Audrey.blewer@uphs.upenn.edu

**Visit us on the web!**

Center for Resuscitation Science
http://www.med.upenn.edu/resuscitation/

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